

## GUIDE FOR CONTINUING EDUCATION FOR GRADUATED SOCATO MEMBERS

### Seven possible categories of continuing education:

- 1- **IN OSTEOPATHY:** Development of clinical osteopathic practice.

Examples: Training in osteopathic techniques by an osteopathic teacher, including development of assessment/manual skills.

- 2- **IN FUNDAMENTAL SCIENCES:** Knowledge for development of clinical practice & diagnostics.

Examples: Anatomy, physiology, biomechanics, embryology, pathophysiology, semiology, assessment and testing, clientele-specific (e.g., pregnant women, babies, the elderly, specific pathologies).

- 3- **RELATED TO CLINICAL THERAPEUTIC PRACTICE:** Development related to therapeutics.

Examples: exercise and stretching, strengthening, taping, first aid and CPR/AED, medical imagery, nutrition, pharmacology, other therapies (naturopathy, applied kinesiology, etc.), other health interdisciplinarity (getting to know other therapeutic and professional approaches).

- 4- **CLINIC OPERATION / BUSINESS MANAGEMENT:** Development for the self-employed / clinic owner.

Examples: Professional ethics, record-keeping, office management, accounting, marketing.

- 5- **MENTORING / TRAINING OF OSTEOPATHIC PRACTITIONERS:**

Development/maintenance of skills in a pedagogical context in science/osteopathy, training of the next generation.

Examples: Osteopathic teaching, clinical supervision, dissertation director, conference presentation, pedagogical training, etc.

**Important:** You must provide all relevant information (date, number of hours, location, relevant signatures).

For example, if you teach a course, you can provide a copy of the certificate you give to participants. Or, if you are a clinical supervisor at an osteopathic school, you can provide a paper with the relevant information on it, signed by the school's directors.

#### **6- READING / WRITING / PUBLISHING RELEVANT PROFESSIONAL OR SCIENTIFIC ARTICLES / BOOKS**

**Important:** You must provide a summary of the scientific readings carried out, with full references. Also provide us with articles / books / other publications and the number of hours associated with their production.

#### **7- PARTICIPATION IN CONFERENCES, SYMPOSIA, SCIENTIFIC COMMITTEES IN A CLINICAL SETTING, CONGRESSES OR SEMINARS**

**Important:** You must provide the name of the event, the dates, number of hours, subjects and titles of the lectures, as well as certificates of attendance, if applicable, or any other acceptable proof (invoice, registration receipt, etc.).

**General information:** The aforementioned training activities must be offered by an osteopathic school, a college, or a university, or by a professional association/group/organization, or by a recognized expert in a specialized field.

#### **REMINDER OF SOCATO'S CONTINUING EDUCATION REQUIREMENTS:**

- 30 hours every 2 years
- No maximum or minimum limit will be imposed on any category however, members should consider that experience across the above categories may reflect favourably, when one's file is reviewed in the future by osteopathic professional orders
- Members must provide proof of attendance, diplomas, certificates, etc., If the number of hours, dates and name of the institution providing the training are not identifiable on the proof, please make sure to indicate them in your email.

**New osteopathic graduates must complete their first continuing education requirements within three years of graduation.**

**If, for any reason, a member must cease osteopathic practice (e.g., parental leave, illness, accident) informing Socato would allow for a possible extension or suspension of the above requirements.**



THE CANADIAN SOCIETY FOR  
TRADITIONAL OSTEOPATHY

This document is inspired on best practices implemented by various professional orders, including the Ordre des chiropraticiens du Québec, the Ordre professionnel de la physiothérapie du Québec, the Ordre des dentistes du Québec and the Ordre des infirmières et infirmiers du Québec.

**The Canadian Society for Traditional Osteopathy, Socato**

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